

Juliettes

Winter 2012

Contact Us:

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3 Westport Court
Bloomington, IL 61704
309-662-5384 or 800-777-1912

Champaign Service Center
701 Devonshire, Suite B16
Champaign, IL 61820
217-328-5112 or 800-328-5112

Decatur Service Center
462 W. William St.
Decatur, IL 62522
217-423-7791 or 800-791-9319

Peoria Service Center
1103 W. Lake Ave.
Peoria, IL 61614
309-688-8671 or 800-640-8671

Peru Service Center
2220 Marquette Rd, Suite 103
Peru, IL 61354
815-223-3613

Quincy Service Center
3837 Eastlake Centre Dr.
Quincy, IL 62305
217-222-1030 or 877-477-4757

Springfield Service Center
3020 Baker Dr.
Springfield, IL 62703
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Visit our website at
www.girlscouts-gsci.org

daisy
brownie
junior
cadette
senior
ambassador



Dear Juliette Girl Scout,

Welcome to the winter issue of the Juliette newsletter for Girl Scout Cadettes, Seniors, and Ambassadors! Here is some useful information for you:

- **Programs and Activities**

We are so excited about our upcoming programs just for Girl Scout Cadettes, Seniors, and Ambassadors! The 2011-2012 Activity Guide is available on our website at www.girlscouts-gsci.org. Here is a sample of what's coming up:

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|---------------|----------------|-------------|
| ○ February 23 | Insights | Peoria |
| ○ February 27 | OMG! | Decatur |
| ○ March 30-31 | Cardboard City | Springfield |
| ○ March 31 | Saddle Up | Peoria |

- **2012 Summer Camp**

It's almost summer time – or at least we hope the warmer weather will be arriving soon. Girl Scouts of Central Illinois is ready to welcome the summer with another fun filled camp season. Make sure you check out our Summer Activity Guide which is located online at <http://www.girlscouts-gsci.org/summer-activities-guide>. Join us at camp and keep the Girl Scout fun going all summer long!

If you have any questions about anything in this newsletter or about the Juliette program, please contact Robin Howard at 800-791-9319 ext. 1302 or at rhoward@girlscouts-gsci.org

Make some Valentines Day Treats

Make a batch of rice kripie treats – allow to cool. Grease a heart cookie cutter and cut out hearts in rice krispie treats, stick a candy stick in the bottom and seal it in with your fingers. Melt chocolate almond bark according to directions on package, dip each heart in chocolate and allow to dry. Cover with saran-wrap and add a bow!





2012 is the Year of the Girl in Girl Scouting... what are you doing to make a change in the world? Share it with us- send us your good work in a email rhoward@girlscouts-gsci.org or by mail
 GSCI- c/o Robin Howard
 462 West William St.
 Decatur, IL 62522



Baked French Toast

Mix together this breakfast treat the night before and set your alarm a little earlier one weekend and surprise everyone in the house with some breakfast!

Ingredients:

- 1 loaf sourdough bread
- 8 eggs
- 2 cups milk
- 1/2 cup heavy cream
- 3/4 cup sugar
- 2 Tbsp. vanilla

Topping:

- 1/2 cup all-purpose flour
- 1/2 cup packed brown sugar
- 1 tsp. cinnamon
- 1/4 tsp. salt
- 1 stick cold butter, cut into pieces

1. Grease a 9x13 pan with butter. Tear bread into bite-size chunks and place evenly in the pan.
2. Mix together the eggs, milk, cream, sugar, and vanilla. Pour evenly over bread. Cover tightly and store in the fridge for several hours (or overnight).
3. In a medium bowl mix together the flour, brown sugar, cinnamon, and salt. Cut in the butter with a pastry blender until it all looks nice and crumbly (like small pebbles). Place in a ziploc bag and put in fridge.
4. When ready to bake, take pan and bag out of fridge. Remove wrap and evenly sprinkle the crumb mixture over the top. Bake for 1 hour at 350 degrees (or 45 minutes if you like it more soft and pudding-like).



Valentine or Anytime.....



Visit <http://www.divshare.com/download/15960988-66e> and download the pop tabs. Pick your favorite one and attach to a bottle of soda for a special someone.

It's Your Story - Tell It! – Journey Experience

You probably don't have just one friend but belong to a larger group of friends. This means you have the opportunity to reach out and take in from a variety of people. But how diverse is your group of friends really? Do you share the same hobbies and interests, likes or dislikes? So you even dress or look a little alike? Complete some of the activities below to bring you new opportunities and alternative perspectives to expand your network of sisters.

1. Friendship Tolerance- write down the top 15 friendships you have right now. Take a look at the list and write down one or two ways you and that person are different. Would you consider not being their friend because of one of those differences? A tolerant person understands that no two people have the same looks, beliefs, or ways of living and that our differences make the world more interesting.
2. Friendship sewn right in – have a movie night with some friends and watch one of the following movies: Bagdad Café, My Best Friend's Wedding, Fried Green Tomatoes, or How to Make an American Quilt. In these movies unexpected friendships blossom figure out how and why.
3. How can the following traits strengthen a friendship or weaken a friendship- age, gender, money matters, looks, labels, religion, language and special interests? Talk it over with some friends or adult and see where you may be missing out on a great friendship because you let one of these traits change your mind.
4. Expand your sisterhood and get some exercise too! Sign up for a charity walk, run or bike ride and make a point to talk to people you don't know.
5. Juliette Gordon Low brought Girl Scouting to the United States a hundred years ago in order to connect girls all round the world who wanted to make the world a better place. Think of how much powerful a sisterhood is compared to just one person. Take a look at http://www.girlscouts.org/who_we_are/global/world_thinking_day/ and visit your age level choice to take part in the Girl Scout sisterhood Thinking Day Project.
6. Circle Journal – a circle journal is a great way to keep a sisterhood growing. It's basically a journal that two or more people pass back and forth with each person contributing their own entries. Think of topics of importance to your group and debate them or come up with solutions to an issue.

American Patriotism Interest Project Award For Girl Scouts 11-17

America is a unique place to live and work. It offers many freedoms, and each one comes with responsibilities. Girl Scouts 11-17 can find out what those freedoms and responsibilities are by doing this Interest Project. Complete two activities in the Skill Builders section, one activity in each of the other three sections, and two other activities in any section you choose.

Skill Builders

1. **Learn the American flag folding ceremony**, and practice it. Consider volunteering for a future flag ceremony in your local Girl Scout council or community.
2. **Visit a historic place** where Americans signed documents of freedom. What is the significance of the documents signed?
3. **Learn about who was living in North America** before the French, Spanish, and English "discovered" it. Find two or three ways that the previous inhabitants' culture differed from the Europeans'.
4. **What are the first 10 amendments to the Constitution?** Why is the Bill of Rights so important to Americans today?
5. **Learn the history of "The Star-Spangled Banner."** When and why was it written?
6. **Freedom of the press is an important right in our country.** What does it mean? Is there any topic that should never be allowed in print?

Technology

1. **Create a logo or theme** expressing what patriotism means to you, and put it on a T-shirt, hat, or other apparel visible to others.
2. **How has technology changed** the way we vote in the United States?
3. **Learn how the American flag is made.** Can any company produce it? Does the manufacturer have to abide by certain criteria? Discuss your findings with your troop.
4. **How do 24-hour news networks** influence the way we view world events? Think of several recent events covered on television or radio. How did you feel watching or listening to them live?
5. **Use the Internet to visit famous national exhibits** at the Smithsonian Institution or Library of Congress. Or visit the National Geographic Society online to discover the places and people that makes America unique.

Career Exploration

1. **What career choices** would you have had in America in the 1700s, 1800s, or early 1900s? Pick one career and see how it changed.
2. **Invite to your troop someone who belonged to one of the U.S. armed forces.** Ask the person to talk about what patriotism is, what she or he did to serve our country, and what to do if you are interested in a career in the armed forces.
3. **Find out about careers available** in two or three government agencies. What qualifications do you need to get the jobs? What would you have to do once you got them?
4. **Write a job description** for the next president of the United States. What skills, abilities, and characteristics should the ideal candidate have? Compare your requirements with those listed in the Constitution.
5. **Interview any elected official** in your area, and find out what inspired her or him to run for office.

Service Projects

1. **Learn when an American flag is considered unusable** and how to dispose of it properly. Research the flag disposal ceremonies history and presentation, then teach a younger troop, a group of children, or your family about disposing of an unusable flag.
2. **Plant a tree as a living legacy to our nation's freedoms**, working with your troop or some friends. Invite another group or someone who has been in the armed forces to join you.
3. **Send cards or greetings to military members overseas** during a patriotic holiday, and thank them for doing a great job in protecting or defending our country's freedom. But be sure to check the online Department of Defense News Release on ways to express support for the military.



Other fun things you can do!

1. Check out the GSCI website at www.girlscouts-gsci.org. While you are there take a look at the monthly patch program at www.girlscouts-gsci.org/monthly-patch-program and complete the January and February Monthly Patch Program.
2. If you are looking forward to attending camp this summer or would like to know a little more about it- check out http://www.girlscouts-gsci.org/camp_and_properties and complete the Discover Camp patch program.
3. Join us at a council program! Take a look at the program guide located on our website – we would love to see you there!
4. Try a Science Project

Tye-Dye Fingernails

Get a bowl of water, pour little bits of all the different shades of fingernail polish you want, it should float on the top, swirl with a toothpick and when it looks like you want on top of the water, then dip your nails through the water... look it up why does the nail polish float? What makes it swirl together into separate colors and not all blend together?



Winter 2012 Award Form

Once you have completed the requirements for the activities below, send this form to the Decatur Service Center, 462 W. William Street, Decatur 62522. Or e-mail Robin Howard at rhoward@girlscouts-gsci.org with the information below. The appropriate award will be mailed to you.

Girl Scout's Name _____

Parent/Guardian's Name _____

Phone Number (____) _____

Address _____

City, State, Zip _____

My daughter has completed the requirements to earn the:

_____ Journey- Step 3

_____ American Patriotism IP

_____ January _____ February Monthly Patch program

_____ 2012 Discover Camp Patch

_____ World Thinking Day Patch