

Progression in the Outdoors:

From Look Out to Pack Out



Look Out

Talk about the outdoors at a troop meeting.

Talk about outdoor opportunities

Learn what to wear and manners when in the outdoors.

Move Out

Take your troop outdoors or to a council-sponsored program at camp.

Observe the outdoor world.

Look, listen, touch, and smell the outdoors.

Enjoy nature games and songs.

Learn about ways to protect the environment.

Explore Out

Plan a day trip with your troop. Work with girls to figure out all the details.

Go with a purpose.

Take a snack to eat in the outdoors.

Take a hike and start exploring your natural surroundings.

Cook Out

Can be a day event or overnight depending on your troop's comfort level.

Plan a meal. Decide what you want to eat and what supplies you will need. Decide how you will cook the food.

Learn to safely build, light and put out a fire.

Learn about food preparation, dishwashing, and food disposal when in the outdoors.

Camp Out

Take your troop on an overnight adventure.

Prepare for an overnight.

Create a packing list: what to eat, what to wear, equipment and supplies to bring.

Know safety rules and first aid.

Choose a safe place to camp and sleep.

Know the area and your surroundings.

Pack Out

Go on a long-distance outing or multiple day trip (older girls).

Use all the skills you have learned so far.

Determine trip costs, prepare a budget and keep financial records.

Plan meals, routes, transportation and activities.

Determine personal and group equipment and supplies needed.

Select, set-up, and dismantle campsite.

Help others learn about the outdoors.