

# Equestrian

Please provide the age and estimated weight of each girl next to her name on the registration form. This information helps us match the rider with the appropriate horse. No last minute girl add-ons will be accepted on the day of a scheduled horse session at Camp Tapawingo. Only those girls previously registered may participate. Each girl must complete a Release of Liability Waiver and Health History Form (on our website) in order to participate.



## Saddle Club

Join the Tapawingo Saddle Club and learn the important role that service projects play in helping to keep the horse program running smoothly. You will see firsthand the hard work that it takes to care for your own horse, and in return for your service you'll get to do what you really love... ride horses! Learn how to properly groom, clean tack, saddle, ride, and take ownership in GSCI's horse herd.

**Who:** Girls in grades 6-12  
**Date:** Sunday, September 11, 2011  
Sunday, October 9, 2011  
Sunday, November 13, 2011  
Sunday, January 8, 2012  
Sunday, February 12, 2012  
Sunday, March 11, 2012  
Sunday, April 8, 2012  
Sunday, May 13, 2012

**Location:** Camp Tapawingo, Metamora  
**Time:** 1:00 p.m. - 5:00 p.m.  
**Fee:** \$15 per girl per session  
**Min/Max:** 10/25

Saddle club meets on the second Sunday of every month (no club in December) from 1:00 p.m. - 5:00 p.m. at Camp Tapawingo. Please dress accordingly depending on the weather for each session.

## Pony Tails

Cowgirl up and meet some of the Camp Tapawingo horses. Check out different types of horses and see what horses love to eat by making them a sweet treat. Sit on a horse to get the feel for riding. Brushing a horse will teach you the proper way to approach one, and you can even try braiding a mane.

**Who:** Girls in grades K-3  
**Date:** Saturday, September 24, 2011  
Saturday, November 5, 2011  
Saturday, March 31, 2012  
Saturday, April 21, 2012  
Saturday, May 26, 2012  
**Location:** Camp Tapawingo, Metamora  
**Time:** 9:00 a.m. - 10:00 a.m.  
10:00 a.m. - 11:00 p.m. or  
11:00 a.m. - 12:00 p.m.  
**Fee:** \$15 per girl per session  
**Min/Max:** 3/6

Please arrive 15 minutes before your session begins. Choose only one one-hour session per day. Guidelines for equestrian activities and permission forms will be mailed in your confirmation notice.

## Saddle Up

If you have always dreamed of owning a horse, here is a great opportunity to learn proper horse care. Listen to a horse's heartbeat, assist with grooming and feeding, and paint the bones on a real horse. Then step out of the barn and go for a short ride.

**Who:** Girls in grades 4-12  
**Date:** Saturday, September 24, 2011  
Saturday, November 5, 2011  
Saturday, March 31, 2012  
Saturday, April 21, 2012  
Saturday, May 26, 2012  
**Location:** Camp Tapawingo, Metamora  
**Time:** 1:00 p.m. - 2:30 p.m.  
3:00 p.m. - 4:30 p.m. or  
5:00 p.m. - 6:30 p.m.  
**Fee:** \$20 per girl per session  
**Min/Max:** 5/10

Please arrive 15 minutes before your session begins. Choose only one 90-minute session per day. Guidelines for equestrian activities and permission forms will be mailed in your confirmation notice.



look what girls can do 2011-2012 *outdoor activities*



### Introduction to Horses

Connect with your favorite four-legged friends and increase your equine knowledge. Help feed the horses, learn to groom them, and give a try at riding around the arena on your own. Discover the basics of telling your horse to “start,” “stop,” and “turn,” and learn how to maneuver through an obstacle course.

**Who:** Girls in grades 2-4

**Date:** Saturday, October 1, 2011  
 Saturday, November 19, 2011  
 Saturday, April 14, 2012  
 Saturday, April 28, 2012  
 Saturday, May 19, 2012

**Location:** Camp Tapawingo, Metamora

**Time:** 9:00 a.m. - 10:00 p.m.  
 10:00 a.m. - 11:00 p.m. or  
 11:00 a.m. - 12:00 p.m.

**Fee:** \$15 per girl per session  
**Min/Max:** 3/6

*Please arrive 15 minutes before your session begins. Choose only one one-hour session per day. Guidelines for equestrian activities and permission forms will be mailed in your confirmation notice.*

### Horsin’ Around

Play fun equestrian games atop your horse. Prepare to learn new skills while riding in the arena and doing the limbo. You’ll build confidence, sportsmanship, and a greater sense of connection with your horse. Once you can easily maintain control and balance, let’s head out for a short trail ride.

**Who:** Girls in grades 4 - 12

**Dates:** Saturday, October 1, 2011  
 Saturday, November 19, 2011  
 Saturday, April 14, 2012  
 Saturday, April 28, 2012  
 Monday, May 28, 2012

**Location:** Camp Tapawingo, Metamora

**Time:** 1:00 p.m. - 2:30 p.m.  
 3:00 p.m. - 4:30 p.m. or  
 5:00 p.m. - 6:30 p.m.

**Fee:** \$20 per girl per session  
**Min/Max:** 5/10

*Some riding experience is beneficial, but not necessary. Please arrive 15 minutes before your session begins. Choose only one 90-minute session per day. Guidelines for equestrian activities and permission forms will be mailed in your confirmation notice.*

### Ride on

Increase your knowledge and love of horses and familiarize yourself with both English and Western riding by taking an in-depth look at the differences between the two types of saddles and apparel. Watch an expert properly approach, halter, hitch, and lead a horse. Practice stopping, starting, reining, and the proper way to mount and dismount.

**Who:** Girls in grades 4-12

**Date:** Saturday, October 8, 2011  
 Saturday, October 29, 2011  
 Saturday, April 7, 2012  
 Saturday, May 5, 2012  
 Saturday, May 12, 2012

**Location:** Camp Tapawingo, Metamora

**Time:** 9:00 a.m. - 10:00 a.m.  
 10:00 a.m. - 11:00 a.m. or  
 11:00 a.m. - 12:00 p.m.

**Fee:** \$15 per girl per session  
**Min/Max:** 5/10

*Please arrive 15 minutes before your session begins. Choose only one one-hour session per day. Guidelines for equestrian activities and permission forms will be mailed in your confirmation notice.*

### Trail Mix

Demonstrate your ability to guide and control your horse in the arena... then let’s blaze the trails of Camp Tapawingo! If we’re quiet, we may encounter deer, fox, squirrels, hawks, or owls. Learn to assess trail situations as they arise and what is contained in a horse first aid kit, and become more comfortable and relaxed in the saddle.

**Who:** Girls in grades 4-12

**Date:** Saturday, October 8, 2011  
 Saturday, October 29, 2011  
 Saturday, April 7, 2012  
 Saturday, May 5, 2012  
 Saturday, May 12, 2012

**Location:** Camp Tapawingo, Metamora

**Time:** 1:00 p.m. - 2:30 p.m.  
 3:00 p.m. - 4:30 p.m. or  
 5:00 p.m. - 6:30 p.m.

**Fee:** \$20 per girl per session  
**Min/Max:** 5/10

*Previous riding experience is beneficial but not necessary. Please arrive 15 minutes before your session begins. Choose only one 90-minute session per day. Guidelines for equestrian activities and permission forms will be mailed in your confirmation notice.*