

Juliettes

Winter 2012

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217-328-5112 or 800-328-5112

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462 W. William St.
Decatur, IL 62522
217-423-7791 or 800-791-9319

Peoria Service Center
1103 W. Lake Ave.
Peoria, IL 61614
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Peru Service Center
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Peru, IL 61354
815-223-3613

Quincy Service Center
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Quincy, IL 62305
217-222-1030 or 877-477-4757

Springfield Service Center
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Visit our website at
www.girlscouts-gsci.org

daisy
brownie
junior
cadette
senior
ambassador



Dear Juliette Girl Scout,

Welcome to the winter issue of the Juliette newsletter for Girl Scout Juniors! Here is some useful information for you.

- **Programs and Activities**

We are so excited about our upcoming programs just for Girl Scout Juniors! The 2011-2012 Activity Guide is available on our website at www.girlscouts-gsci.org. Here is a sample of what's coming up:

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|----------------------|-------------|------------------------|
| * World Thinking Day | February 26 | Springfield |
| * aMUSE Journey | March 10 | Decatur |
| * Helping Hands Day | March 31 | Various Camp Locations |

- **2012 Summer Camp**

It's almost summer time – or at least we hope the warmer weather will be arriving soon. Girl Scouts of Central Illinois is ready to welcome the summer with another fun filled camp season. Make sure you check out our Summer Activity Guide which is located online at <http://www.girlscouts-gsci.org/summer-activities-guide>. Join us at camp and keep the Girl Scout fun going all summer long!

If you have any questions about anything in this newsletter or about the Juliette program, please contact Robin Howard at 800-791-9319 ext. 1302 or at rhoward@girlscouts-gsci.org.

Make some Valentines Day Treats

Make a batch of rice kripie treats – allow to cool. Grease a heart cookie cutter and cut out hearts in rice krispie treats, stick a candy stick in the bottom and seal it in with your fingers. Melt chocolate almond bark according to directions on package, dip each heart in chocolate, and allow to dry. Cover with saran-wrap and add a bow!





2012 is the Year of the Girl in Girl Scouting... what are you doing to make a change in the world?

Share it with us - send us your good work in a email rhoward@girlscouts-gsci.org or by mail
 GSCI- c/o Robin Howard
 462 West William St.
 Decatur, IL 62522



Make a Bowl out of Unwanted CD's

- Unwanted CD
- Aluminum Foil
- Cookie Sheet
- Items to Embellish (optional)

Instructions:

Heat the oven to 325 degrees. Cover a cookie sheet with foil. Use more foil to make a small ball which will serve as the mold for your bowl. This can be just about any size or shape you like, depending on the shape you want your finished bowl to be. The main thing you should keep in mind is that when the CD starts to soften and melt, the edges will gently fold over and you do not want the edges to touch the cookie sheet surface. A good size to start with may be a foil ball 2-inches wide by 3-inches high; this should give you a nice sized bowl with fluted edges. When you get the foil 'ball' to the desired shape and size, place it on the foil-lined cookie sheet; then, place a CD on top of the ball. Whatever side of the CD is facing the ball will be the inside of the bowl. Carefully slide the cookie sheet in the oven and watch it closely. It may take as much as 10 minutes for the CD to soften and fold down around the foil ball. Remove the cookie sheet from the oven when the bowl is shaped how you want it. You can use an oven mitt to try to further shape the warm CD if you like. Allow the CD to cool and harden. Once cool, the bowl can be removed from the foil ball and used or embellished as desired. You can paint it to cover the label and then spray it with clear acrylic sealer. You can use a circle cut from craft foam or felt to cover the hole in the bottom of the bowl by gluing it either on the inside or outside of the bowl. You can also embellish the bowl with plastic gems, beads, etc.

Be Green- Sandwich Box

- 1-gallon milk jug
- Marker
- Scissors
- Thumbtack
- Adhesive-backed Velcro Instructions



1. **SANDWICH BOX:** Mark a clean 1-gallon milk jug as shown.



2. Cut along the lines with scissors. To make the crease lines, use a thumbtack to pierce a row of dots at 1/4-inch intervals across each side of the jug, 1 3/4 inches up from the bottom.



3. Fold the flaps at these dotted lines, then open them and fold them in the opposite direction along the lines. Fold up the box and add an adhesive-backed Velcro dot closure.

**Social Butterfly
NEW JUNIOR GIRL SCOUT BADGE!**

Have you ever found yourself in a group or place where you didn't know how to act? It happens to everyone. In this badge, have fun practicing the social style and good manners that will make you comfortable in any situation.

Steps:
Hold a conversation
Use table manners
Be prepared for special occasions
Say thank you
Practice being at ease

Step 1: Hold a Conversation (complete one)

- **Practice conversation starters-** make a list of 10 great questions to start a conversation. Think about the different situations you might have where you need to start a conversation. Role play with someone the ways you could start a conversation until you feel comfortable.
- **Do you know someone who is an expert about conversations?** Some people specialize in helping people talk to one another- a psychologist, motivational speaker, life coach... ask them to show you how to introduce yourself and begin a conversation
- **Make a poster with 10 conversation tips.** Look in books, online, magazines for ideas. Remember body language is an important part of conversation too. Hang your poster in a good sharing place
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Step 2: Use Table Manners (complete one)

- **Brainstorm 5 things to not do at the table, for each one list a good substitution!**
- **Set the Table-** find out where the silverware, glasses, napkins and plates go. Make paper reminder placemats that show the outlines of where everything goes- one for a formal meal and one for a casual meal. Try setting the table correctly for a week.
- **Study table manners from other countries:** in the USA many people use a fork and knife to eat but in other places it's more common to use chopsticks or to eat with your hands. Learn about mealtime customs from another culture and have a meal using manners from that place
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Step 3: Be Prepared for Special Occasions (complete one)

Choose one occasion (wedding, funeral or coming of age ceremony) and find out the answers below:

1. Why is the ceremony held?
2. What important rituals are in the ceremony?
3. How should you dress?
4. What's one helpful skill you should know before attending?
5. When the occasion is usually held?
6. Is there something that is especially nice to say or wish to the host/family?

Step 4: Say Thank You (complete one)

- **Thank the host:** when someone has invited you over for dinner or a party find the host before you leave and say thanks. Tell them what you most enjoyed, practice in a role play or a skit. In many places, gifts are given to the host of a party to say thank you. Find some examples and make a host gift of your own.
- **Handwrite a thank you note:** kind words written by hand show that you took time to share your thanks. Handwrite 3 thank you notes in the next month, include why you are thankful.
- **Make a thank you gift:** the next time you feel really thankful to someone, give a thank you gift like a bouquet of flowers, a drawing, or a bag of trail mix. Gifts you make yourself often have the most meaning. Think about thanking people who help you every day- a teacher, bus driver, and crossing guard.

Step 5: Practice Being at Ease (complete one)

Hold a party to practice all you have learned. Invite people that you aren't that close with so that you can really practice being at ease. Make introductions, make conversation, show good table manners, and thank guests for coming.

Make it a dance party: girls earning their Social Dancer badge in 1963 had to develop some ideas for getting a dance party off to a quick start, be able to teach an icebreaker and know several ways to help guests mingle. Try these skills yourself!



Other fun things you can do!

1. Check out the GSCI website at www.girlscouts-gsci.org. While you are there take a look at the monthly patch program at www.girlscouts-gsci.org/monthly-patch-program and complete the January and February patch programs.
2. If you are looking forward to attending camp this summer or would like to know a little more about it check out http://www.girlscouts-gsci.org/camp_and_properties and complete the Discover Camp patch program.
3. Join us at a council program! Take a look at the program guide located on our website – we would love to see you there!
4. Try a science experiment!

Tye-Dye Fingernails

Get a bowl of water, pour little bits of all the different shades of fingernail polish you want - the colors should float on the top. Swirl with a toothpick and when it looks like you want on top of the water, then dip your nails through the water. Why does the nail polish float? What makes it swirl together into separate colors and not all blend together?



Winter Award Form

Help your Girl Scout complete the requirements for her Junior badge, Monthly patch program, or 2012 Discover Camp program. Once she has completed the activities, send this form to the Decatur Service Center, 462 W. William Street, Decatur 62522. Or e-mail Robin Howard at rhoward@girlscouts-gsci.org with the information below. The appropriate award will be mailed to you.

Girl Scout's Name _____

Parent/Guardian's Name _____

Phone Number (____) _____

Address _____

City, State, Zip _____

My daughter has completed the requirements to earn the:

_____ Junior Social Butterfly Badge

_____ January _____ February Monthly Patch program

_____ Discover Camp Activity Patch Program