

# Challenge Courses

GSCI's challenge courses offer low and high ropes courses and a variety of ground initiatives designed to enhance student leadership, teamwork, and problem solving skills, as well as improve communication, cooperation, support, trust, and risk taking capabilities. Low Ropes Courses explore and recognize the benefits of highly effective teams and team building. Groups will experience enhanced cooperation, communication, and appreciation for individual strengths and differences. High Ropes Courses take your group to a higher level by utilizing elements that are 20 and 40 feet in the air. Participants use ropes and harnesses to negotiate the course as well as a zip line.

**Who: Girls in grades 5-adult**

**Dates:** Saturday, September, 10, 2011  
Saturday, September, 17, 2011 (low only)  
Saturday, September, 24, 2011  
Saturday, October, 1, 2011  
Saturday, October, 8, 2011 (low only)  
Sunday, October, 16, 2011 (low only)  
Saturday, March 31, 2012  
Saturday, April 14, 2012  
Saturday, April 28, 2012  
Saturday, May 5, 2012  
Saturday, May 12, 2012  
Saturday, May 19, 2012

**Location: Camp Tapawingo, Metamora**

**Dates:** Saturday, September, 17, 2011  
Saturday, September 24, 2011  
Saturday, October, 1, 2011  
Saturday, October, 15, 2011  
Saturday, October, 22, 2011  
Saturday, November, 5, 2011  
Saturday, March 31, 2012  
Saturday, April 14, 2012  
Saturday, April 28, 2012  
Saturday, May 5, 2012  
Saturday, May 12, 2012  
Saturday, May 19, 2012

**Location: Camp Widjiwagan, Springfield**

**Time: 9:00 a.m. - 12:00 p.m. or 1:00 p.m. - 4:00 p.m.**  
**Fee: \$15 half day / \$30 full day - No fee if not participating**  
**Min/Max: 6/15**

*Must be in grade five or older to participate. Low ropes course is recommended but not required before participating in the high course. Please indicate low or high ropes course and provide your girl and/or troop goals on the registration form. Each person must complete a Release of Liability Waiver and Health History Form (on our website) in order to participate. If additional information is needed please list next to each person's name. Participants may sign up for either the high ropes course or low ropes courses or both, except for days which specify that only the low ropes course is available.*

# Archery

## Take Aim

Try your hand at using a bow and arrow. Learn the history of archery, basic archery safety rules and range etiquette, tips on shooting style and form, and how you can work to improve your aim. This sport of bows and arrows is a blast - especially when shooting at balloons filled with candy!

**Who: Girls in grades 3-12**

**Date: Saturday, April 14, 2012**  
**Location: Camp Tapawingo, Metamora**

**Date: Saturday, April 28, 2012**  
**Location: Camp Peairs, Hudson**

**Date: Saturday, May 5, 2012**  
**Location: Camp Kiwanis, Mahomet**

**Date: Saturday, May 19, 2012**  
**Location: Camp Widjiwagan, Springfield**

**Time: 10:00 a.m. - 12:00 p.m. for grades 3-6**  
**Time: 1:00 p.m. - 3:00 p.m. for grades 7-12**  
**Fee: \$10 per girl**  
**Min/Max: 10/20**

*Please note that there will be some waiting involved as participants take turns using the archery equipment.*



# Equestrian

Please provide the age and estimated weight of each girl next to her name on the registration form. This information helps us match the rider with the appropriate horse. No last minute girl add-ons will be accepted on the day of a scheduled horse session at Camp Tapawingo. Only those girls previously registered may participate. Each girl must complete a Release of Liability Waiver and Health History Form (on our website) in order to participate.



## Saddle Club

Join the Tapawingo Saddle Club and learn the important role that service projects play in helping to keep the horse program running smoothly. You will see firsthand the hard work that it takes to care for your own horse, and in return for your service you'll get to do what you really love... ride horses! Learn how to properly groom, clean tack, saddle, ride, and take ownership in GSCI's horse herd.

**Who:** Girls in grades 6-12  
**Date:** Sunday, September 11, 2011  
Sunday, October 9, 2011  
Sunday, November 13, 2011  
Sunday, January 8, 2012  
Sunday, February 12, 2012  
Sunday, March 11, 2012  
Sunday, April 8, 2012  
Sunday, May 13, 2012

**Location:** Camp Tapawingo, Metamora  
**Time:** 1:00 p.m. - 5:00 p.m.  
**Fee:** \$15 per girl per session  
**Min/Max:** 10/25

*Saddle club meets on the second Sunday of every month (no club in December) from 1:00 p.m. - 5:00 p.m. at Camp Tapawingo. Please dress accordingly depending on the weather for each session.*

## Pony Tails

Cowgirl up and meet some of the Camp Tapawingo horses. Check out different types of horses and see what horses love to eat by making them a sweet treat. Sit on a horse to get the feel for riding. Brushing a horse will teach you the proper way to approach one, and you can even try braiding a mane.

**Who:** Girls in grades K-3  
**Date:** Saturday, September 24, 2011  
Saturday, November 5, 2011  
Saturday, March 31, 2012  
Saturday, April 21, 2012  
Saturday, May 26, 2012  
**Location:** Camp Tapawingo, Metamora  
**Time:** 9:00 a.m. - 10:00 a.m.  
10:00 a.m. - 11:00 p.m. or  
11:00 a.m. - 12:00 p.m.  
**Fee:** \$15 per girl per session  
**Min/Max:** 3/6

*Please arrive 15 minutes before your session begins. Choose only one one-hour session per day. Guidelines for equestrian activities and permission forms will be mailed in your confirmation notice.*

## Saddle Up

If you have always dreamed of owning a horse, here is a great opportunity to learn proper horse care. Listen to a horse's heartbeat, assist with grooming and feeding, and paint the bones on a real horse. Then step out of the barn and go for a short ride.

**Who:** Girls in grades 4-12  
**Date:** Saturday, September 24, 2011  
Saturday, November 5, 2011  
Saturday, March 31, 2012  
Saturday, April 21, 2012  
Saturday, May 26, 2012  
**Location:** Camp Tapawingo, Metamora  
**Time:** 1:00 p.m. - 2:30 p.m.  
3:00 p.m. - 4:30 p.m. or  
5:00 p.m. - 6:30 p.m.  
**Fee:** \$20 per girl per session  
**Min/Max:** 5/10

*Please arrive 15 minutes before your session begins. Choose only one 90-minute session per day. Guidelines for equestrian activities and permission forms will be mailed in your confirmation notice.*





### Introduction to Horses

Connect with your favorite four-legged friends and increase your equine knowledge. Help feed the horses, learn to groom them, and give a try at riding around the arena on your own. Discover the basics of telling your horse to “start,” “stop,” and “turn,” and learn how to maneuver through an obstacle course.

**Who:** Girls in grades 2-4

**Date:** Saturday, October 1, 2011  
 Saturday, November 19, 2011  
 Saturday, April 14, 2012  
 Saturday, April 28, 2012  
 Saturday, May 19, 2012

**Location:** Camp Tapawingo, Metamora

**Time:** 9:00 a.m. - 10:00 p.m.  
 10:00 a.m. - 11:00 p.m. or  
 11:00 a.m. - 12:00 p.m.

**Fee:** \$15 per girl per session  
**Min/Max:** 3/6

*Please arrive 15 minutes before your session begins. Choose only one one-hour session per day. Guidelines for equestrian activities and permission forms will be mailed in your confirmation notice.*

### Horsin’ Around

Play fun equestrian games atop your horse. Prepare to learn new skills while riding in the arena and doing the limbo. You’ll build confidence, sportsmanship, and a greater sense of connection with your horse. Once you can easily maintain control and balance, let’s head out for a short trail ride.

**Who:** Girls in grades 4 - 12

**Dates:** Saturday, October 1, 2011  
 Saturday, November 19, 2011  
 Saturday, April 14, 2012  
 Saturday, April 28, 2012  
 Monday, May 28, 2012

**Location:** Camp Tapawingo, Metamora

**Time:** 1:00 p.m. - 2:30 p.m.  
 3:00 p.m. - 4:30 p.m. or  
 5:00 p.m. - 6:30 p.m.

**Fee:** \$20 per girl per session  
**Min/Max:** 5/10

*Some riding experience is beneficial, but not necessary. Please arrive 15 minutes before your session begins. Choose only one 90-minute session per day. Guidelines for equestrian activities and permission forms will be mailed in your confirmation notice.*

### Ride on

Increase your knowledge and love of horses and familiarize yourself with both English and Western riding by taking an in-depth look at the differences between the two types of saddles and apparel. Watch an expert properly approach, halter, hitch, and lead a horse. Practice stopping, starting, reining, and the proper way to mount and dismount.

**Who:** Girls in grades 4-12

**Date:** Saturday, October 8, 2011  
 Saturday, October 29, 2011  
 Saturday, April 7, 2012  
 Saturday, May 5, 2012  
 Saturday, May 12, 2012

**Location:** Camp Tapawingo, Metamora

**Time:** 9:00 a.m. - 10:00 a.m.  
 10:00 a.m. - 11:00 a.m. or  
 11:00 a.m. - 12:00 p.m.

**Fee:** \$15 per girl per session  
**Min/Max:** 5/10

*Please arrive 15 minutes before your session begins. Choose only one one-hour session per day. Guidelines for equestrian activities and permission forms will be mailed in your confirmation notice.*

### Trail Mix

Demonstrate your ability to guide and control your horse in the arena... then let’s blaze the trails of Camp Tapawingo! If we’re quiet, we may encounter deer, fox, squirrels, hawks, or owls. Learn to assess trail situations as they arise and what is contained in a horse first aid kit, and become more comfortable and relaxed in the saddle.

**Who:** Girls in grades 4-12

**Date:** Saturday, October 8, 2011  
 Saturday, October 29, 2011  
 Saturday, April 7, 2012  
 Saturday, May 5, 2012  
 Saturday, May 12, 2012

**Location:** Camp Tapawingo, Metamora

**Time:** 1:00 p.m. - 2:30 p.m.  
 3:00 p.m. - 4:30 p.m. or  
 5:00 p.m. - 6:30 p.m.

**Fee:** \$20 per girl per session  
**Min/Max:** 5/10

*Previous riding experience is beneficial but not necessary. Please arrive 15 minutes before your session begins. Choose only one 90-minute session per day. Guidelines for equestrian activities and permission forms will be mailed in your confirmation notice.*

# Boating

## Smooth Sailing

Even the smoothest sailing rarely leaves you dry, so come ready to get wet! Whether or not you already know what a boom is, Smooth Sailing will help you learn the ropes and feel confident in a sailboat. Starting on land, you'll learn how to tie some basic knots and all about a boat's parts and how they work. You will enjoy a rigging challenge before you even hit the water! Then we'll take you out in a boat, where you'll learn how to harness the wind and maneuver around the lake. Once you are able to demonstrate your skills, we'll set you free on the water.

**Who:** Girls in grades 6-12

**Dates:** Saturday, September 3, 2011  
Saturday, September 10, 2011 or  
Saturday, May 19, 2012  
**Time:** 1:00 p.m. - 4:00 p.m.

**Date:** Saturday, May 26, 2012  
**Time:** 9:00 a.m. - 12:00 p.m.

**Location:** Camp Peairs  
**Fee:** \$11 per girl/adult  
**Min/Max:** 8/15

## Can You Canoe?

Did you get introduced to boating at camp over the summer, or have you always wanted to learn? Join us for this fun boating workshop where we'll go from the basics to sending you out on the water by yourself in just a couple of hours. First we'll discuss boating safety issues and how to use paddles to get us where we want to go. After you master your skills on land, jump in a boat and see what you can do on the water.

**Who:** Girls in grades 4-12

**Date:** Saturday, September 17, 2011  
**Location:** Camp Peairs, Hudson or Camp Widjiwagan,  
Springfield  
**Time:** 10:00 a.m. - 12:00 p.m. or 1:00 p.m. - 3:00 p.m.

**Date:** Saturday, May 5, 2011  
**Location:** Camp Peairs, Hudson or Camp Widjiwagan,  
Springfield  
**Time:** 10:00 a.m. - 12:00 p.m.

**Fee:** \$11 per girl/ adult  
**Min/Max:** 8/15

## Mini Boaters

Mini Boaters gives our youngest Girl Scouts a taste of what boating is all about. Take a tour of the boathouse and learn all about the many kinds of boats at Camp Peairs. After we cover safety skills, select just the right life jacket, talk about why you need a whistle on a boat and even what to do if you fall out, we'll take you for a ride on the lake and you can help us paddle along.

**Who:** Girls in grades K-3

**Date:** Saturday, September 24, 2011  
**Location:** Camp Peairs, Hudson  
**Time:** 1:00 p.m. - 3:00 p.m.

**Date:** Saturday, May 12, 2012  
**Location:** Camp Peairs, Hudson  
**Time:** 10:00 a.m. - 12:00 p.m. or 1:00 p.m. - 3:00 p.m.

**Fee:** \$11 per girl/adult  
**Min/Max:** 8/15



*For all boating activities, girls should bring a change of clothes and a swimsuit. Adults-in-charge will be contacted if inclement weather (rain, high winds, etc.) will affect boating activities. Dress appropriately for the weather and wear tennis shoes. Flip-flops, rolling shoes, and Crocs are not allowed on the boat docks or in the boats.*

